
Le Bureau International Jeunesse

Bureau International Jeunesse – Fédération Wallonie-Bruxelles

Fit for life

Amélie Francq · Monday, January 9th, 2023

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Salto-Youth Inclusion Reso

Année

2012

Thématiques

Inclusion, Droits humains

Type

Outils pédagogique

Description

Sport is a lot more than just physical activity. While sport can help young people develop healthy lifestyles it can also teach valuable personal development process. This is especially true for young people with fewer opportunities. Sport methods and outdoor activities can help youngsters in this target group to develop a wide range of social skills.

Public

Tous

Langue

Anglais

Pays

France

Emprunt au BIJ

Oui

Prix

Gratuit

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